

Developing the Concert Triple Stroke Roll

This page will develop a relaxed control of rebounds for the desired Concert smooth roll. The key here is the pivot of the stick upon the middle finger and balanced "pressure" from the middle finger pulling up into the palm and this all important item of the "index" providing downward pressure. The middle finger will be the pivot and pressure point, while the thumb merely provides support to the side of the stick being careful not to press from the thumb, which would lock that particular muscle and interfere with the use of relaxed wrist movement.

The image displays seven rows of musical notation for a triple stroke roll exercise in 2/2 time. Each row contains four measures of music. The notation includes quarter notes, eighth notes, and triplets of eighth notes, with various articulation marks like accents and slurs. The exercise progresses from simple quarter notes to more complex eighth note patterns and triplets.

- Row 1:** Four measures. Measures 1 and 2 have quarter notes with accents. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.
- Row 2:** Four measures. Measures 1 and 2 have quarter notes with accents. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.
- Row 3:** Four measures. Measures 1 and 2 have quarter notes with accents. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.
- Row 4:** Four measures. Measures 1 and 2 have quarter notes with accents. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.
- Row 5:** Four measures. Measures 1 and 2 have quarter notes with accents, followed by a triplet of eighth notes. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.
- Row 6:** Four measures. Measures 1 and 2 have quarter notes with accents, followed by a triplet of eighth notes. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.
- Row 7:** Four measures. Measures 1 and 2 have quarter notes with accents, followed by a triplet of eighth notes. Measures 3 and 4 have quarter notes with accents, followed by a triplet of eighth notes.

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